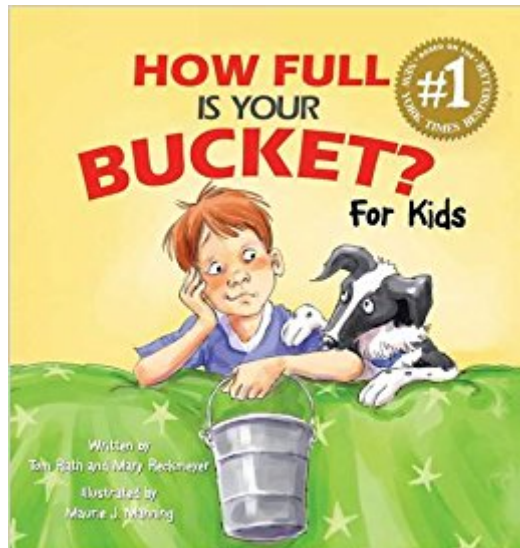




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# How Full Is Your Bucket? For Kids



## Synopsis

An illustrated adaptation of the long-running bestseller *How Full Is Your Bucket?* (more than 400,000 copies sold) for kids • told through the story of a boy who learns a valuable “bucket filling” metaphor and watches it come to life as the day unfolds. Every moment matters. Each of us has an invisible bucket. When our bucket is full, we feel great. When it’s empty, we feel awful. Yet most children (and many adults) don’t realize the importance of having a full bucket throughout the day. In *How Full Is Your Bucket? For Kids*, Felix begins to see how every interaction in a day either fills or empties his bucket. Felix then realizes that everything he says or does to other people fills or empties their buckets as well. Follow along with Felix as he learns how easy it can be to fill the buckets of his classmates, teachers and family members. Before the day is over, you’ll see how Felix learns to be a great bucket filler, and in the process, discovers that filling someone else’s bucket also fills his own.

## Book Information

Lexile Measure: 560L (What’s this?)

Hardcover: 32 pages

Publisher: Gallup Press; unknown edition (April 1, 2009)

Language: English

ISBN-10: 1595620273

ISBN-13: 978-1595620279

Product Dimensions: 10.5 x 0.6 x 10.5 inches

Shipping Weight: 15.2 ounces

Average Customer Review: 4.8 out of 5 stars 377 customer reviews

Best Sellers Rank: #3,163 in Books (See Top 100 in Books) #15 in Books > Health, Fitness & Dieting > Mental Health > Emotions #40 in Books > Children’s Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Self-Esteem & Self-Respect #56 in Books > Children’s Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 3 - 8 years

Grade Level: Preschool - 4

## Customer Reviews

Kindergarten-Grade 2 • Based on the author’s adult work *How Full Is Your Bucket?* (Gallup, 2004), this book explains that we all have invisible buckets of water over our heads. The negative

actions of others toward us can empty the buckets, and our own meanness toward them can deplete their vessels, too. Positive actions reverse the process. Felix refuses to allow his sister to play blocks with him. When she angrily kicks over his tower, his grandfather explains that Felix dipped from his sister's container. The next morning Felix actually sees a bucket floating over his own head, and during the course of the day, as he is alternately bullied and praised, he realizes what causes it to be empty or full. This story is so heavy-handed and didactic that children are likely to find it laughable. Neither Felix, his sister, nor even their dog is a likable character, and the floating buckets over everyone's head look just plain silly. —â •Grace Oliff, Ann Blanche Smith School, Hillsdale, NJ END

When Felix wakes up one morning, he finds an invisible bucket floating overhead. A rotten morning threatens his mood - and his bucket - drop by drop. Can Felix discover how to refill his bucket before it's completely empty?

We bought this book because my daughter's VPK teacher sent it home with each student to read and then return. We read it the night we got it from her and then again the next morning. It is a must have for every family with such an amazing message of truth that we all should remember.

Each of us have love tanks that are drained or filled by life and interactions with others. Too often we become focused on our own love tanks and forget to consider others... but filling others love tanks will help fill our own as well. I really wanted my little son to grow up understanding that perspective and I think this book will be a great place to start that discussion.

Love this book!! I have it in my classroom and just gave it to my grandchildren. Their mom overheard one of her boys saying to his brother, who wasn't being very kind to him, "You're dipping into my bucket right now." It is a great tool for teaching children to foster kindness to others and to ourselves.

This is a great book. I got it as a way to help my son understand that actions have consequences that a quick "I'm sorry" can't fix. Also to help my kids understand that sometimes when someone is not nice to them it's because they themselves are struggling, such as a Mom with serious health problems, or parents that are going through a divorce...both were issues for them one year at school. This book ended up doing that and so much more. It helped give my kids the words to

explain how they are feeling. My son came home from school one day and said that his bucket had been dumped out when....., and another day he said that someone had helped to fill up his bucket. They also use it in conversations with each other, and I can use it when I'm talking to them about how they are feeling or making someone else feel.

Super cute book! I bought this to teach my preschooler the bucket idea to be able to better express his feelings

the best book ever!!!!

After reading the adult version I needed to get this book! And it is an amazing book with an unbelievable lesson. A book that I believe every child should learn. When I mentioned it to a friend they said that the school they work at has this book as part of their first grade curriculum which is brilliant.If people would follow the bucket lesson the world would be a much happier and enjoyable place.

Wonderful novel!

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